

**Bio is:**

I am an independent social worker in the United Kingdom. I offer a range of support to improve the experiences and outcomes of people, who are in need of care and support. I carry out research and evaluation, develop strategy, create practice guidance and policies, and develop and deliver learning events.

My specialism is social work with older people and I recently helped to lead the [Social Work with Older People research project](#). I am Co-Chair of the UK Special Interest Group for Social Work and Ageing and have been the representative for Ageing to the International Federation of Social Workers Europe.