

Learning Forum Program on Psychosocial Support in Disaster Situation: The Roles and Skills of Social Workers in Asia Pacific

**Collaboration of Indonesian Association of Social Workers,
Ministry of Social Affairs and IFSW-AP**

Background

Around 40% of Indonesia's population, more than 90 million people, live in areas at risk of disasters.¹ The most common disasters include flood, wind cyclones, landslides and recurrent destructive risks include tsunamis, earthquakes, and volcanic eruptions. The most vulnerable community to disasters is children, women, and specific groups like disable person. The impact of disaster on children is beyond of casualties and injuries because children often experience psychological distress following disasters, affecting their ability to learn and to grow. These emergency situations also interrupt the school year and harm safety of the children and their families. For instance, disruptions to education services have a long term impact on ability to learn and school attendance. Many children who are displaced, or whose schools are damaged or destroyed during a crisis, or who are pulled out of school to support their families, never return.

It had been acknowledged that social work has important roles in providing support for people affected by disaster. Psychosocial support is one of intervention that usually provided by social workers aftermath of disaster. The roles of social workers in this area continue during rehabilitation process particular in stage where affected people begin again to rebuild their lives. Disaster, even though in low level, always change people lives in immediately and bother or destroy all levels and orders that already established by people, both individually or communal. The main role of social workers is to help people to restore their self reliance and resilience, where people will able to cope with crisis situation as impact of disaster, adapt with new situation that demand new roles and continue their live with safety and achieve welfare condition.

Many social workers have been working in emergency response and they demonstrate their ability and skills in assisting people to recover the psychosocial situation. Their experiences and practices are worthy to be shared with other colleagues to take learning and becoming basis for improvement social work practices with emergency response. This is the role of social work association to facilitate this learning forum and bring all learning for advocacy work for policy and program implementation improvement.

¹ http://www.unisdr.org/files/14757_6thCGCountryProgramSummaries1.pdf

Goal

The program aims to strengthen roles and skills of social workers in providing psychosocial support in disaster situation.

After the program, participant will be able to:

1. Explain advanced knowledge of psychosocial support.
2. Improve the psychosocial support program that they design to response psychosocial needs in disaster situation.
3. Demonstrate the roles and skills in provision of psychosocial support in disaster situation response for target group that they manage.

Output

1. Role and competencies of social workers in providing psychosocial support in disaster situation.
2. Knowledge, concepts and models of psychosocial support in disaster situation
3. Program design of psychosocial support in disaster situation in the specific situation

Subthemes:

1. Understanding psychosocial needs of disaster's survivors.
2. Implementation of rights based approach and principles in psychosocial support.
3. Knowledge of therapies used in disaster situation.
4. Stress management for social workers in providing psychosocial support in disaster situation.
5. Developing psychosocial support models for: children, woman and other vulnerable groups in disaster situation.
6. Community based psychosocial support in disaster situation.
7. Monitoring and evaluation of “psychosocial support programs in disaster situation”.

Date and venue

The program will be held at January 12th – 14th, 2016 at Pusdiklat Kesejahteraan Sosial, Margaguna, Jakarta, Indonesia

Target of participants

We target 60 participants from Indonesia and other IFSW-AP member countries. They are from organization including from government that have experiences in working in emergency response on providing psychosocial support. We target participants are social workers who are practitioners, lectures, researchers and decision makers.

Participants beyond Indonesia are expected to cover by themselves transportation cost and all expenses during the program. Hotel accommodation and meals along the program will be cover by Host. Pusdiklat Kesejahteraan Sosial is a Guest House under the Ministry of Social Welfare management.

The program will be held in English and Bahasa Indonesia.

Agenda

- a. Understanding Psychosocial Needs of Disaster's Survivors”
- b. Implementation of rights based approach and principles in psychosocial support”

The program will be divided into three sections:

1. Inspiration speeches: Plenary sessions in every morning to deliver updated context of disaster, advanced knowledge and practices including policy implementation on psychosocial support. The subjects for plenary sessions are:
 - 1) Indonesian context in disaster.
 - 2) Social work in crisis and larger system in disaster situation and response.
 - 3) Psychosocial support approach for people in special needs: what it is and why it is so important in disaster situation.
2. Program learning session: Sharing practices and learning from field on provision of psychosocial supports in disaster situation.
 - 1) Implementation of rights based approach and principles in psychosocial support.
 - 2) Best practices in delivery psychosocial support.
 - 3) Knowledge of therapies that usually used in disaster (game therapy, art therapy, cognitive behavior therapy, eg).
 - 4) How to monitor psychosocial support activities in disaster situation
 - 5) Improving psychosocial support models for group of children, woman and other group.
 - 6) Community based psychosocial support in disaster situation.
 - 7) Stress management for social workers in providing psychosocial support in disaster situation.
3. Skills building sessions: Workshop sessions in the afternoon to enhance skills on psychosocial capacities.
 - 1) Assessment skills in psychosocial support.
 - 2) Roles and competencies of social workers in psychosocial support and disaster management.
 - 3) Skills to encourage community participation in emergency response.
 - 4) Social workers self skills to cope with disaster situation.

Speakers

We propose the excellent speakers in this program that will be coming from:

1. The Ministry of Social Affairs, Directorate General Protection and Social Security
2. Psychosocial support expert in disaster from Japan and Indonesia
3. Disaster management communities
4. Participants from organization that are working with psychosocial support
5. Our colleagues from Mental Health Professionals

Registration:

Send your application form and abstract to learningforum.ap2016@gmail.com

Registration and abstract submission deadline is on December 24, 2015

(participation is free of charge)

Day by day design of Agenda

Time	Description of Activities	Resource Persons
Monday, January 11, 2016		
09.00 - 17.00	Arrival of Participants	
	Registration of Participants	
19.00 - 21.00	Dinner	

Day 1, Tuesday, January 12, 2016		
08.00 - 08.30	Re-registration & final check for parallel building session	
08.30 - 09.00	Opening Ceremony	
	- Singing National Anthem "Indonesia Raya"	
	- Pray	
	- Welcome speech	
09.00 - 10.00	Plenary Session : Inspirational Speeches	
10.00 - 12.30	Activity 1	
10.00 - 10.30	Introduction: a. Disaster Management b. Group Discussion on Subthemes	
10.30-12.30	Activity 2:	
	Group Discussion on subthemes (Lesson learnt from countries of participants)	
	# group 1:	
	c. Understanding Psychosocial Needs of	

	Disaster's Survivors” d. Implementation of rights based approach and principles in psychosocial support”	
	# group 2:	
	a. Knowledge of therapies used in disaster situation b. Stress management for social workers in providing psychosocial support in disaster situation.	
	# group 3:	
	a. Developing psychosocial support models for: children, woman and other vulnerable groups in disaster situation b. Community based psychosocial support in disaster situation	
	# group 4	
	“Monitoring and evaluation of “psychosocial support programs in disaster situation”	
12.30-13.30	Lunch	
13.30-15.30	Group Discussion on subthemes (continued)	
	# group 1	
	a. Understanding Psychosocial Needs of Disaster's Survivors” b. Implementation of rights based approach and principles in psychosocial support”	
	# group 2	
	a. Knowledge of therapies used in disaster situation b. Stress management for social workers in providing psychosocial support in disaster situation.	
	# group 3	
	a. Developing psychosocial support models for: children, woman and other vulnerable groups in disaster situation b. Community based psychosocial support in disaster situation	
	# group 4	
	“Monitoring and evaluation of “psychosocial support programs in disaster situation”	

15.30 - 16.00	Coffee Break	
16.00 - 17.00	Report from Facilitators (wrap up)	

Day 3; Wednesday, January 13, 2016		
08.30 - 10.00	Plenary Session : Inspirational Speeches	
10.00 – 10.15	Coffee break	
10.15 – 10.30	Introduction to Group Discussion on Subthemes	
10.30 - 12.30	Parallel Skills Building Session of Social Workers Intervention in Disaster Situation	
	# group 1	
	Assessment skills in psychosocial support.	
	# group 2	
	Roles and competencies of social workers in psychosocial support in disaster situation	
	# group 3	
	" Skills to encourage community participation in disaster situation	
	# group 4	
	Social workers self skills to cope with in providing "psychosocial support programs in disaster situation"	
12.30 - 13.30	Lunch	
13.30 - 15.00	Parallel Skills Building Session of Social Workers Intervention in Disaster Situation (Continued)	
15.00 - 15.30	Break	
15.30 – 17.00	Workshop: Program design of psychosocial support in disaster situation in the specific situation (group 1 – 4)	
17.00 – 19.00	Break and Dinner	
19.00 – 21.00	a. Group Presentation b. Wrap up	
21.00 – 21.30	Preparation of field trip	

Day 4; Thursday, January 14, 2016		
Lesson Learnt from the Field Practice		
08.00 - 09.00	Group checking and preparation	
09.00 - 10.00	departure to site visit	
	# group 1 : Psychosocial support program in area of land sliding disaster in Bogor, West Java	
	# group 2 : Psychosocial support program for survivors of penggusuran (eviction) in Kampung Pulo, Jakarta	
12.00 - 13.00	Lunch	
13.00 - 15.00	site visit continued	
15.00 - 16.00	departure to Margaguna	
16.00 - 19.00	Break	
19.00 - 22.00	Dinner	
	"Cultural Event & Closing Ceremony"	

Friday, January 15, 2016		
06.00 - 12.00	Departure of Participants	
	Breakfast	